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FIRST ^{10}Be DATES OF LATE HOLOCENE MORAINES OF THE KASHKATASH AND IRIK GLACIERS, NORTHERN CAUCASUS

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We present 11 ^{10}Be ages of the moraines of the Irik and Kashkatash glaciers that allowed identifying and dating several Late Holocene glacier advances for the first time, including a prominent advance exceeding the Little Ice Age (LIA) maximum that occurred at 1.6–1.7 ka at epy Irik Glacier. The advance is dated by the three very close ^{10}Be ages of a moraine (1.57 ± 0.23 ka, 1.63 ± 0.23 , and 1.68 ± 0.24 ka) located in the vicinity of the moraines of the Little Ice Age (LIA) maximum advance. The advance that occurred at 1.6–1.7 ka might be a possible analogue of the “Historical” stage described earlier in the Caucasus in literature basing at geomorphic evidence, speculations, and analogues with other mountain regions, but not dated. Another possibility is a potential correlation of this advance with the Late Antique Little Ice Age cooling in 536 to ~660 CE. The age of Irik Glacier advance is close to the humid period identified in the Garabashi (Baksan, Elbrus valley) lake sediments at 1500–1700 years BP. The magnitude of the identified glacier advances over the past two millennia was similar. Between the advance of 1.6–1.7 ka and the position of the glacier in 2022 CE the elevation of the Irik Glacier front increased by 520 m from 2490 to 3010 m asl. Four ^{10}Be dates (0.7 ± 0.11 , 0.72 ± 0.11 , 0.77 ± 0.11 and 0.82 ± 0.18 ka) of the lateral moraine of the Kashkatash Glacier constrain the advance of the first stage of the LIA. The advance of the 13th century is also dated by ^{10}Be at the Donguz-Orun and Chalaati glaciers located at the Northern and Southern slopes of the Caucasus, respectively. The corresponding cooling in ca 1250–1400 CE is identified in the sedimentary paleoclimatic proxies of Lake Karakel (Teberda valley). A later advance at the Kashkatash Glacier is constrained by only one ^{10}Be date (0.53 ± 0.13 ka) and needs further confirmation. Till deposited between the 1490s and 1640s at the Greater Azau Glacier is close to the date of this advance of the Kashkatash Glacier. A cooling at that time is recorded in the proxies of Karakel Lake sediments (1500–1630 CE). Three other ^{10}Be dates of two earlier advances at 0.25 ± 0.04 ka and between 0.14 ± 0.03 and 0.16 ± 0.02 ka at Kashkatash Glacier are indirectly supported by tree-ring, lake sediment, ^{14}C , and historical data. Further research and new data is necessary to increase the credibility and accuracy of the dates of glacier advances of the Late Holocene in the Northern Caucasus.

Keywords: Late Holocene, glacier fluctuations, moraines, CRE dates, tree rings, lichenometry**DOI:** 10.31857/S2076673423030110, **EDN:** PLXOVJ

INTRODUCTION

The timing of Holocene glacier variations in the Caucasus preceding the past 100–150 years is poorly documented. Tree-rings and lichenometry were used for the dating of earlier advances (see review in Solomina et al., 2016), but these dates of moraines are minimum limiting only and therefore they are often uncertain. Tree-ring dates in the Caucasus hardly cover the period of the last 300–350 years (Solomina et al., 2021). Moreover, most glaciers in the Caucasus do not reach the upper tree line and even these approximate age estimates of moraines are not applicable for them. Lichenometry was used as an alternative, but these dates are not very reliable especially for the surfaces older than five hundred years or so. Solomina et al. (2022) recently reported the radiocarbon dates of pa-

leosols buried in the lateral moraines of the Greater Azau Glacier and documented this way four periods of glacier advances that occurred in the past 3 ka, but the chronology of glacier variations might be incomplete and the position of moraines corresponding to the respective advances is not known.

The Cosmic Ray Expose (CRE) method provides new insight into moraine dating. It was largely applied globally in order to date the glacial landforms (e.g. Balco, 2011, 2020). By now only sporadic single CRE dates of moraines were reported in the Caucasus (Bushueva et al., 2015, Tielidze et al., 2020). We will discuss these dates below in the context of new findings. In this paper, we provide 11 new CRE dates of moraines of the two glaciers Irik (43.31N; 42.53E) and Kashkatash (43.20N; 42.68E) (Fig. 1) in the Near

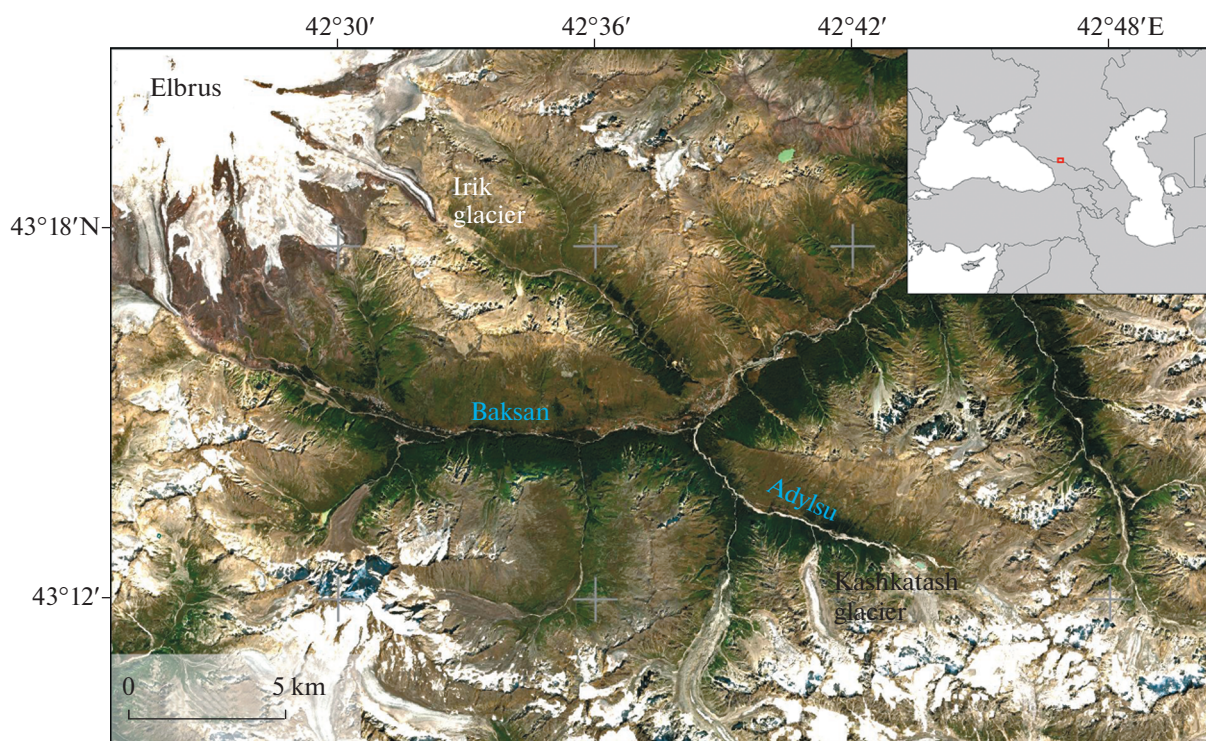


Fig. 1. Location of the study glaciers.

Рис. 1. Местоположение исследуемых ледников.

Elbrus area in the Northern Caucasus and compare them with our previous estimates of the age of moraines derived from tree rings and lichenometry. We also assess the scale of glacier retreat since several Late Holocene glacier maxima.

We visited the moraines of the glaciers and sampled for tree-ring, lichenometry and CRE several times in 2004, 2008, 2009, 2013 and 2022. The CRE dates are reported here for the first time, some tree-ring and lichenometric records were partly published previously (e.g. Solomina et al., 2016), but here we revise them again in the new light of absolute dating results.

MATERIALS AND METHODS

Remote sensing. Mapping of glacier fronts positions.

Remote sensing data were used to map the glacier positions and estimate changes in the metric parameters of glaciers since the middle of the 20th century. Data from space-based cameras obtained from various web services (Google Earth, Bing Maps etc.) was used to determine the current positions of the glacier fronts. These images were used as a reference to tie in the rest of instrumental, historical and bioindication data. In 20th century images were taken from airplanes (aerial photography). The images were co-registered in two stages in the ERDAS Imagine software product. At the first stage, the control points and the digital elevation model STRM v3 (grid spacing of 1 arcsecond) were

used to georeference the images using polynomial model (2nd order). At the second stage, a new set of control points was acquired, and the images were precisely georeferenced using a linear rubber sheet method. The boundaries of the glaciers were digitized manually. The digital elevation model STRM v3 (grid step – 1 arcsecond) was also used to estimate the elevation of the glacier fronts.

The tongue of the Irik Glacier is debris covered, therefore we used data from the Sentinel-1 spacecraft to verify the correctness of the identification of modern edges of the glacier. For the purpose we downloaded ['Copernicus Sentinel data 2015'] the interferometric pairs of images and assessed their coherence i.e. identified the areas that changed or remained identical between the records. Because the glacier moves the areas that were changing were identified as the glacier surface, those that remained constant were interpreted as dead ice. Sentinel-1 data was processed in the SNAP software product.

Tree-ring dating. The tree-ring approach of the dating of moraines is described elsewhere (e.g. Solomina et al., 2016). In the region that we consider here, the time lag of the colonization of fresh moraines by pine trees is 15–20 years. In order to estimate the minimum age of the stabilized surface this number should be added to the number of rings of the tree growing on the moraine or between the moraine ridges. We used increment bore to sample one to three cores from the

oldest trees at the moraine or between the moraine walls. We cored trees at the breast height or at 50–70 cm above the surface. The pine trees reach the age of 5–15 years at the breast height, thus this correction is also necessary in order to assess the approximate age of the tree. In this area, pine can reach up to 500 years and even more (Solomina et al., 2016), but due to the long-lasting heavy anthropogenic pressure, such old specimens are seldom. For this reason, the limiting age of the moraines older than 200–300 years estimated by ring count might be underestimated.

Lichenometry. The advantages and disadvantages of lichenometry in the Caucasus was analyzed recently in Solomina et al. (2016) and Nazarov et al. (2022). Due to large uncertainties in the lichen growth curve for the surfaces exceeding two centuries, in this paper we use the rough estimate of diameter-age relationship basing on the linear curve of the growth rate of *Rhizocarpon geographicum sensu lato* published in Solomina et al. (2016). We assess the 10–15 years lag for initial surface colonization by *Rhizocarpon geographicum sensu lato* lichens at the moraines of the Northern Caucasus. The rough estimate of growth rate of *Rhizocarpon geographicum* is around 0.3 mm per year. Obviously, these estimates are also only the minimum limiting dates because the growth rate of lichens decreases over time, but we do not have enough control points to assess this curvilinear shape of the growth curve more precisely. Moreover, some scholars argue that Bayesian approach should be applied in lichenometry (Jomelli et al., 2007). In the Caucasus this approach was not used so far therefore we must be content with the very rough linear lichen growth rate models.

Cosmic ray expose ages (CRE) method of moraine dating. Nuclides used for the Cosmic ray expose (CRE) dating (e.g. ^{10}Be , ^{36}Cl) are produced in surface rocks by cosmic-ray bombardment that is approximately constant over time. ^{10}Be that is most widely used to date moraine emplacement and ice retreat is produced by spallation of O and Si in quartz (Balco, 2011). The cosmogenic-nuclide concentration in a rock is proportional to the length of time that the sample has been exposed at the Earth's surface. The production rates of cosmogenic nuclides depend on the altitude (shielding effect of the atmosphere), and the Earth's magnetic field (geomagnetic latitude). Several production-rate scaling algorithms are available. In this paper, we used (Lifton et al., 2014). The cosmic-ray flux rapidly decreases with depth according to the exponential relation.

Field CRE sampling. Moraines were sampled and mapped in the field using a Garmin GPS survey instrument (precision 10 m) (Table 1). Using a hammer and a chisel, 11 granitic boulders (>60 cm in height) were sampled from the crest of selected moraines from broadly horizontal or sub-horizontal surfaces. Only boulders with minimal signs of denudation were sampled. A Suunto Compass Clinometer PM-5 was used

to measure topographic shielding for each sample in the field. Sample elevation was extracted from the handheld Garmin GPS instrument. All the boulders were photographed, and their ground-to-sample height was measured. We have considered only well-preserved moraines (>1 m high and >20 m long), and selected boulders and locations on the moraine with no evidence of disturbance caused by the action of other processes (river, rock fall or debris flow; Jomelli and Francou, 2000).

Sample preparation and AMS measurement. All samples were processed at CEREGE (Aix-en-Provence, France). Samples were crushed and sieved to collect the 250–1000 μm fraction. Quartz was first concentrated by magnetic separation and then isolated by successive leaching in a $\text{H}_2\text{SiF}_6/\text{HCl}$ mixture. The obtained quartz fraction was leached at least 3 times in a 10% HF – 10% HNO_3 solution in order to remove any remaining feldspars and to clean the grains from atmospheric ^{10}Be . Purified quartz was completely dissolved in concentrated HF after addition of 150 μl of an in-house ^9Be carrier solution (3025 ± 9 ppm; Merchel et al., 2008). Beryllium was extracted by successive alkaline precipitations of $\text{Be}(\text{OH})_2$ alternated with separation on anion and cation columns. Samples were then oxidized at 700 for 1 hour and the final BeO mixed with Nb powder and loaded into copper cathodes. AMS measurements of the $^{10}\text{Be}/^9\text{Be}$ ratios were conducted at the French national AMS facility ASTER (Arnold et al., 2010). Samples were calibrated against the in-house standard STD-11 ($^{10}\text{Be}/^9\text{Be} = 1.191 \pm 0.013 \times 10^{-11}$; Braucher et al., 2015) and a ^{10}Be half-life of $1.387 \pm 0.0012 \times 10^6$ years (Chmeleff et al., 2010; Korschinck et al., 2010). Analytical uncertainties combine ASTER counting statistics, standard uncertainty, external uncertainty (0.5%; Arnold et al., 2010) and machine blank correction. ^{10}Be sample concentration calculated from the corresponding $^{10}\text{Be}/^9\text{Be}$ ratio was corrected from associated chemical blanks. Scaling to the sample locations was made according to the recent, physically-based, LSD model (Lifton et al., 2014) which performs similarly to older empirical models (Borchers et al., 2016). Chosen parameters include the ERA40 atmospheric reanalysis (Uppala et al., 2005) and the VDM 2016 geomagnetic database. We retained the global production rate (PR) as no regional PR is available so far.

Exposure ages were computed with the online CREp program (Martin et al., 2017; <http://crep.crgp.cnrs-nancy.fr>) and are presented in Table 1. ^{10}Be CRE ages are reported with 1σ “external” uncertainties, which include measurement, production rate and scaling uncertainties (e.g., Balco et al., 2008), in the main text and on the maps for better comparison with other proxies. Both internal and external uncertainties (including both analytical and production rate uncertainties) are reported in Table 1. For a given moraine, its assigned age corresponds to

Table 1. ^{10}Be ages of moraines at Kashkatash (*k*) and Irık (*i*) glaciers
Таблица 1. Результаты анализа на ^{10}Be для морен ледников Кашкагаш (*k*) и Ирик (*i*)

Sample	Lat (dec°)	Lon (dec°)	Alt (masl)	^{10}Be (at/g)	Is (at/g)	Shield, Corr	Density	Thick, Corr,	Er, (cm/yr)	Age (ka)	1σ (ka)	1σ without PR error
<i>k1</i>	43.2075	42.6857	2653	4049.4	626.3	0.984	2.75	3	0	0.14	0.02	0.02
<i>k2</i>	43.2073	42.6856	2657	4436.3	394.1	0.9209	2.75	3	0	0.16	0.02	0.01
<i>k3</i>	43.2190	42.6825	2231	5481.5	732.3	0.9573	2.75	3	0	0.25	0.04	0.03
<i>k4</i>	43.2187	42.6825	2260	11874.4	2766.4	0.9573	2.75	3	0	0.53	0.13	0.12
<i>k5</i>	43.2182	42.6823	2260	15154.4	1957.9	0.9209	2.75	3	0	0.7	0.11	0.1
<i>k6</i>	43.2168	42.6825	2264	16155.8	2135.2	0.9573	2.75	3	0	0.72	0.11	0.1
<i>k7</i>	43.2183	42.6820	2254	15531.458	2010.3131	0.9209	2.75	3	0	0.77	0.11	0.11
<i>k8</i>	43.2177	42.6818	2269	18286.2	3505.3	0.9573	2.75	3	0	0.82	0.18	0.17
<i>i1</i>	43.2941	42.5694	2520	38891.9	4055.4	0.9573	2.75	3	0	1.57	0.23	0.19
<i>i2</i>	43.2942	42.5691	2506	39991	4071.5	0.9573	2.75	3	0	1.63	0.23	0.2
<i>i3</i>	43.2943	42.5694	2518	41152.6	4011.1	0.9573	2.75	3	0	1.68	0.24	0.24

the weighted mean of the sample ages that successfully passed a χ^2 test (calculated with the internal uncertainties) used to identify outliers (Ward and Wilson, 1978). Based on field observations, we also considered the stratigraphic relationships to identify outliers.

RESULTS

Kashkatash Glacier (43.20N; 42.68E) is a cirque-valley glacier oriented to the North (#57 in USSR Glacier Inventory, 1970). According to USSR Glacier Inventory (1970) its length was 4.6 km, its area was 2.5 km², and the front was located at 2600 m a.s.l. Detailed information on fluctuations of the Kashkatash Glacier based on instrumental, historical, lichenometric and tree-ring data was reported in Bushueva and Solomina (2012). We identified at least 13 terminal moraines within the distance of 900 meters from the Kashkatash Glacier front position in 2008. Three moraines were deposited between the 1870s and 1890s. In the 20th century the glacier advanced in the 1910-s, 1920-s, and 1960–1970-s.

In 2013 samples of grey granite boulders were collected from the surface of the moraines of the Kashkatash Glacier for ^{10}Be analyses in the two locations with the most suitable conditions for sampling (see Fig. 1, Table 1). The limitation for CRE sampling in the Kashkatash valley is the dense forest cover that shades the surface of moraines and sometimes masks the shape of the moraine ridges. Many moraines are eroded and preserved in fragments vanishing and re-appearing in the forest, some oldest generations are partly covered by debris flows.

Two ^{10}Be samples (*k1* and *k2* at the Table 1) at the site A were collected at the right lateral moraines at the elevation 2653 and 2657 m asl, respectively. At the photo Fig. 2 one can clearly see several levels of lateral moraines preserved inside the highest moraine wall with sharp unvegetated inner slope and forested, more gently inclined outer one. The moraines were sampled where they were least eroded. The samples are coming from two moraine generations located very close to each other and looking very similar in terms of vegetation cover and erosion, so their deposition was most probably separated by a short period of time. It is impossible to precisely trace the connection of these generations with the corresponding frontal and left lateral moraines, but tentatively the A ridges (with the *k1* and *k2* dates) lead to those formed in 19th century before the 1880s – the position of the glacier front at the military topographic map. The *k1* and *k2* moraines yielded two ^{10}Be CRE dates and 0.14 ± 0.03 ka and 0.16 ± 0.02 ka. Considering the statistical errors, the dates partly overlap and seem to correspond to the tree-ring age of the right lateral moraine dated by tree-rings to 1839–1840 CE (Bushueva and Solomina, 2012) (see the position of the tree at the Fig. 1).

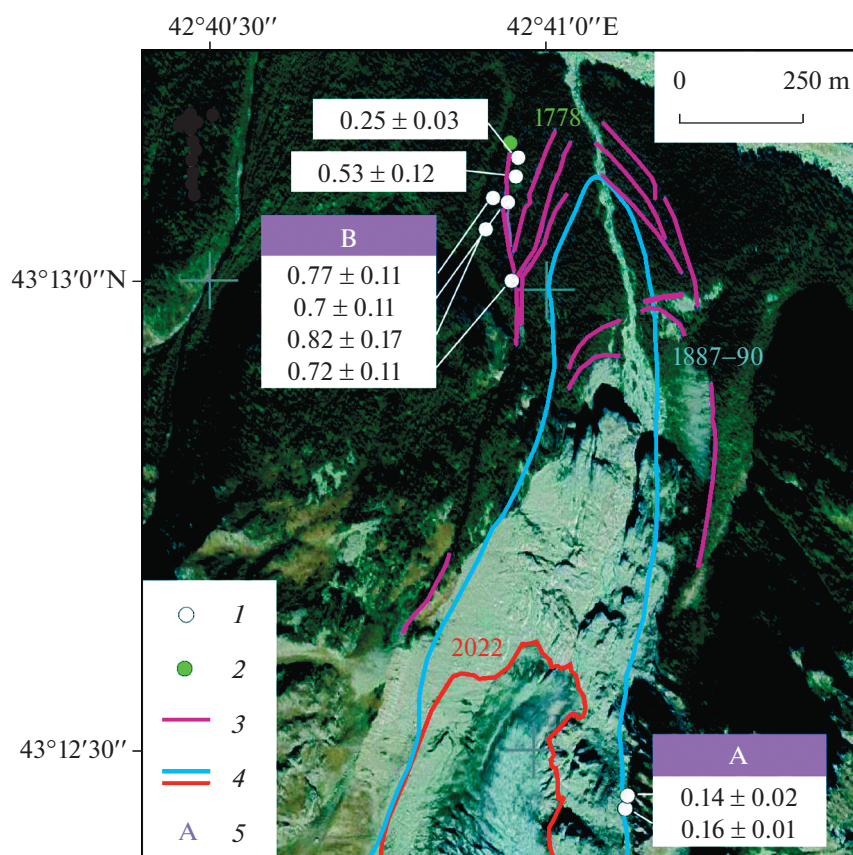


Fig. 2. Kashkatash Glacier terminus: 1 – sites of ^{10}Be sampling and dates in ka years reported in this paper; 2 – location of the tree damaged by the moraine (number mark the year of the first ring); 3 – moraines; 4 – limits of the glacier tongue in 1887–90 from the map and in 2022 from remote sensing data; 5 – sites mentioned in the text. Satellite image from GeoEye-1, acquired on 30.09.2022.

Рис. 2. Конец ледника Кашкаташ: 1 – пункты отбора образцов на анализ ^{10}Be и результаты анализа – возраст в тысячах лет; 2 – местоположение дерева, повреждённого мореной (указан год образования первого кольца); 3 – морены; 4 – границы ледника в 1887–90 гг. по карте военных топографов и в 2022 г. по космическому снимку; 5 – поверхности, указанные в тексте статьи. Космический снимок с GeoEye-1, полученный 30.09.2022.

Other samples for ^{10}Be were collected at the left side of the valley within an older moraine (point B), well-shaped, stretching along the left side of the valley composed of several nested ridges. From the distal side this compound rampart is limited by a debris flow noticeable due to a lighter tone at the space image (see Fig. 2). The pine forest covering the landform B is clearly more mature than the one spread out in the bottom of the valley: this is not only evident from tree ring dating (see Bushueva and Solomina, 2012) but distinguishable at the space images by a darker color of this site.

The rampart B was sampled for CRE dating in several locations at the elevation range from 2230 to 2270 m asl (see Table 1; Fig. 2). At least three moraine generations of different ages were identified using the ^{10}Be CRE dating. The ^{10}Be dates $k3$ 0.25 ± 0.4 ka and $k4$ 0.53 ± 0.12 ka (See Table 1) come from two moraines attached to the inner slope of the rampart B at the elevations approximately 2230 and 2260 m asl,

respectively. These two generations of moraines depart from the inner slope of the rampart B close to the location of the tree tilted by a large block during a glacier advance that occurred in 1839–1840 CE (see Figs. 2; 4). The tilted tree is growing at the older moraine. Its first recorded ring dates back to 1778 CE i.e. the moraine was deposited at least in the 1760s (with the 15–20 years correction for the establishment of the tree). This tree-ring minimum date corresponds well to the 0.25 ± 0.4 ka ^{10}Be date. Thus, another ^{10}Be date is indirectly confirmed by the earlier tree-ring record (Bushueva and Solomina, 2012).

Four exposure ages (samples $k5$ – $k8$) from the stratigraphically oldest moraine at the Kashkatash range from 0.70 ± 0.11 to 0.82 ± 0.18 ka (see Table 1). The date from the outer slope of the moraine is slightly older (0.82 ± 0.18 ka) than three others, but the internal uncertainties of all samples overlap and thus the dates belong to the same population (Fig. 5). The age of this rampart is considered as a reliable one and dif-



Fig. 3. Kashkatash Glacier in 2009. Site A. Location of the sampling sites for k1 and k2 ^{10}Be (0.14 ± 0.03 and 0.16 ± 0.02 ka). (Photo by I. Bushueva).

Рис. 3. Ледник Кашкаташ в 2009 г. Поверхность А. Местоположение отбора и возраст (в тысячах лет) образцов на анализ ^{10}Be k1 и k2 (0.14 ± 0.03 и 0.16 ± 0.02 тыс. лет) (Фото И.С. Бушуевой, август 2009 г.).

ferent from all the other moraine surfaces. On the distal side of the rampart B, we dated living pine trees settled here before 1689 CE marking the minimum age of this surface. The maximum diameter of lichens at this surface reached up to 85–120 mm, but due to the dense forest canopy and large scatter of lichen sizes, we do not consider these data reliable and useful for the surface age assessment.

Thus, even though the replication of the CRE dates of Kashkatash moraines is still poor and the dates are considered only as very preliminary ones, at least three generations of major advances can be tentatively identified as the mid 19th, mid 18th, and 13th centuries. They were of similar magnitude, although the precise locations corresponding to the front positions of these advances are not known. Judging by the size and the preservation of the oldest moraine the magnitude of the advance of 13th century was the largest one.

Irik Glacier (43.31N; 42.53E, #20 by USSR Glacier Inventory, 1970) descends from Elbrus Mt in a southeasterly direction. According to USSR Glacier Inventory its length in the late sixties was 9.8 km, the area was equal to 10.5 km², the front was located at 2610 m a.s.l. Several maps and photographs show the shape and size of the glacier in 1887–1890 (Military Topographers, 1887–1890, 1:42,000 scale), in 1932 (Solovyev, 1934), in 1957 (topographic map), in the 1980s–early 2000s (Baume and Marcinek 1998; Zolotarev, 2009) (Fig. 6).

The positions of the glacier front and other important geomorphic details were described by numerous expeditions and surveys (Bush, 1914; Solovyev, 1934; Kovalev, 1961; Elbrus glaciation, 1968; Baume and Marcinek, 1998; Volodicheva and Voitkovsky, 2004). The most detailed sketch of glacier variations in the Late Holocene is provided by Baume and Marcinek



Fig. 4. Kashkatash. Sampling site B: *a* – Inner slope of the moraine overlapped with a younger moraine that tilted a tree in 1839–1840 (Photo by O. Solomina, August 2009); *b* – Outer slope of oldest moraine B (Photo by O. Solomina, August 2008).

Рис. 4. Ледник Кашкаташ. Поверхность В: *a* – Внутренний склон морены с наложенной на неё более молодой мореной, которая повредила дерево в 1839–1840 гг. (Фото О.Н. Соломиной, август 2009 г.); *b* – Внешний склон старой морены (Фото О.Н. Соломиной, август 2008 г.).

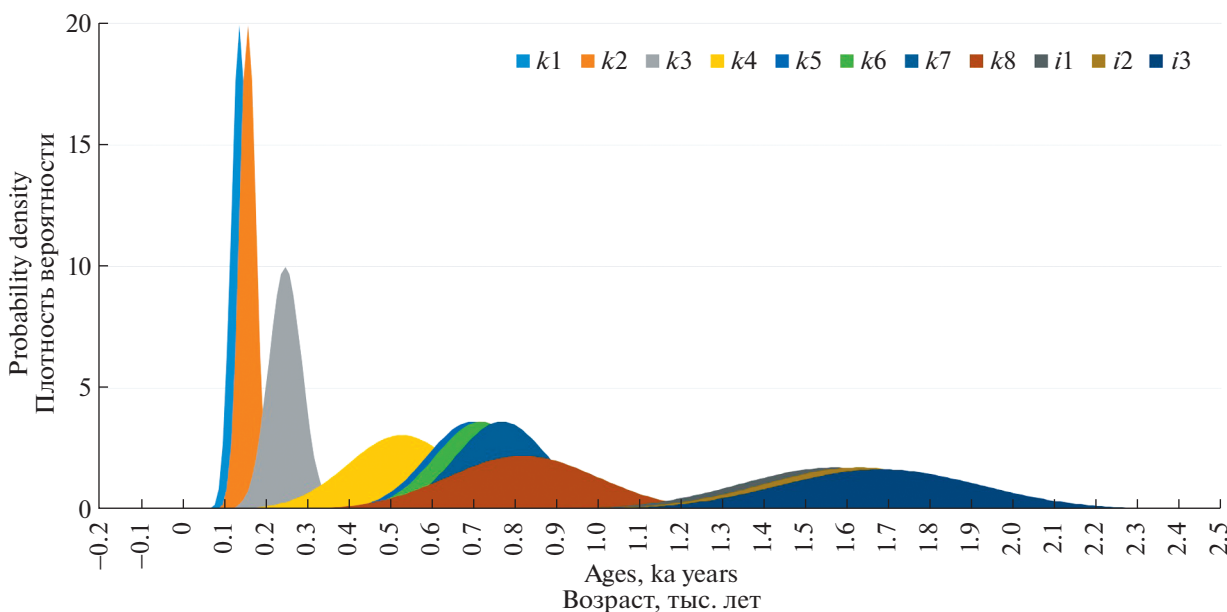


Fig. 5. Probability density of the ^{10}Be dates of Kashkatash and Irik moraines. Samples are described in Table 2.

Рис. 5. Плотность вероятности датирования морен ледников Кашкаташ и Ирик с помощью ^{10}Be . Описание образцов приведено в табл. 2.

(1998) and Volodicheva and Voitkovsky (2004). In this paper using a number of space images, old maps, descriptions and ^{10}Be dates of moraines we produced a more comprehensive spatial high-resolution reconstruction of fluctuations of this glacier over the instrumental period and beyond this time.

The first historical data about the Irik Glacier was provided by Abikh who visited the valley in 1871.

He noticed that the glacier was in the phase of its retreat from distinct crescent-shaped rampart of moraines (Volodicheva and Voitkovsky, 2004). According to his measurements, the glacier front was located at 2530 m a.s.l., however the estimate might be not very precise. At the Military Topographers Map which was compiled later (1887–1890) and is considered as a rather accurate one the glacier front is marked at the elevation 2541 m a.s.l. (see Figs. 6, 7).

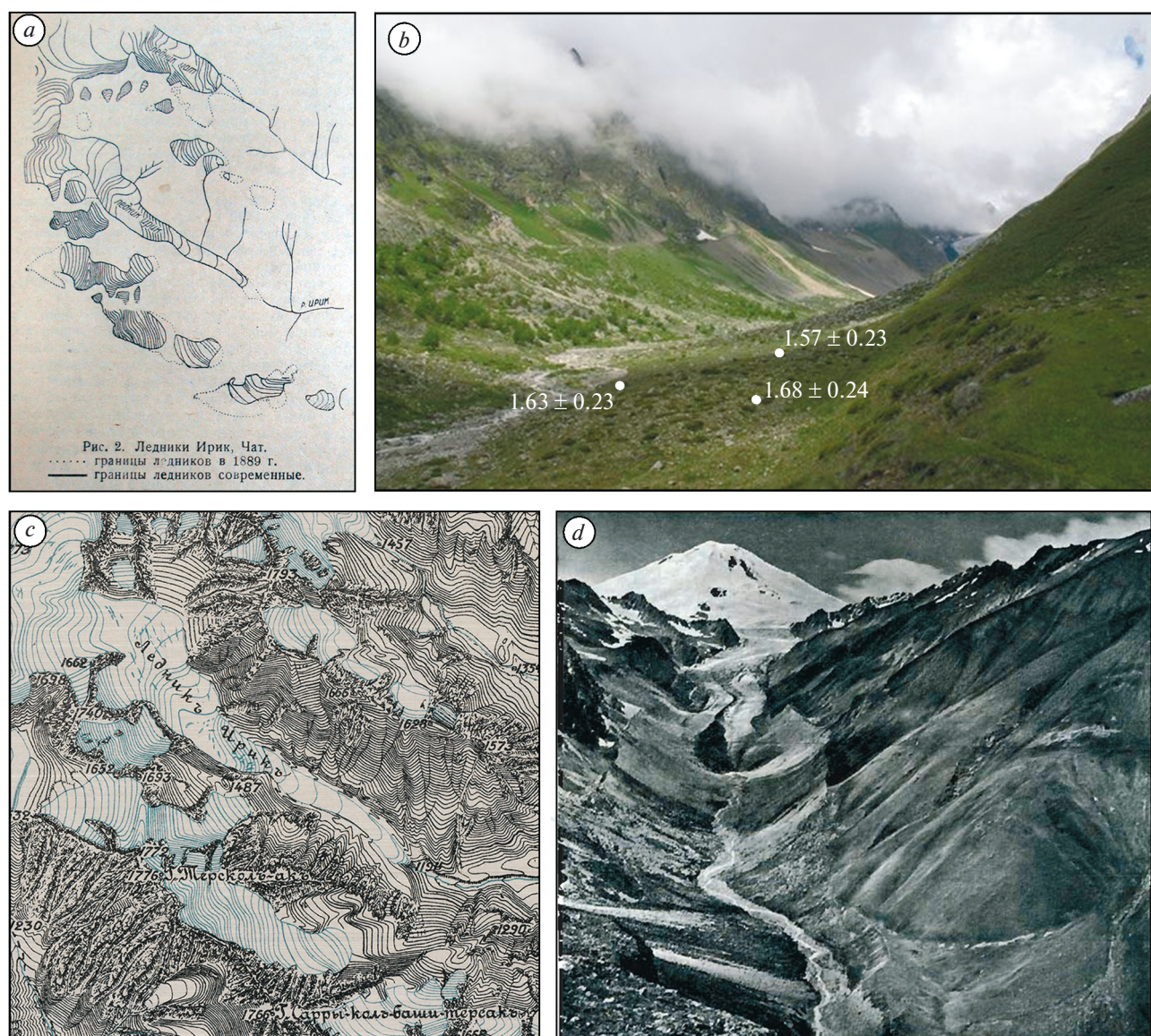


Fig. 6. Irik Glacier and the valley: *a* – Map of Irik in early 1930s (Solovyev, 1931); *b* – Moraines of Irik Glacier (Photo by V.Jomelli, August 2013). At the foreground – the moraines of 19th century and moraines dated by ^{10}Be at ca 1.6 ka.; *c* – Part of the map by Military Topographers, 1887–90; *d* – Irik valley in 1950s (Burakov, 1958 (Katalog..., 1970).

Рис. 6. Ледник Ирик и его долина: *a* – Карта ледника Ирик, начало 1930-х годов (Solovyev, 1931); *b* – Морены ледника Ирик (Фото В. Жомелли, август 2013). На переднем плане морены XIX века и морены, датированные с помощью космогенных изотопов ^{10}Be 1.6 тыс. лет.; *c* – Фрагмент карты, сделанной корпусом военных топографов, 1887–90 гг.; *d* – Долина ледника Ирик (Фото Буракова, 1958 (Katalog..., 1970).

We marked the positions of the front of the Irik Glacier map of Military Topographers at the Fig. 7. Although some of the old maps were compiled based on plane table surveying with specific defects causing some error in the identification of glacier margins (Tielidze, 2016), generally we do not question the elevation of the end of the glacier at the Military Topographers map. However the shape of the glacier tongue at this map looks strange: it is asymmetric and pressed against the left side of the valley. It is possible that it is reproduced incorrectly at the map due to the difficul-

ties in identification of the glacier boundaries of the tongue covered with debris. Several authors (e.g. Kovalev, 1961, Volodicheva and Voitkovsky, 2004) noticed that the right side of the glacier tongue may represent the dead ice and, hence, it is shown at the maps and figures as a moraine rather than the glacier body. We also encountered these difficulties using space images while the tongue of Irik is currently covered by debris from the right side and the limit between the ice and the moraine from this side is unclear.

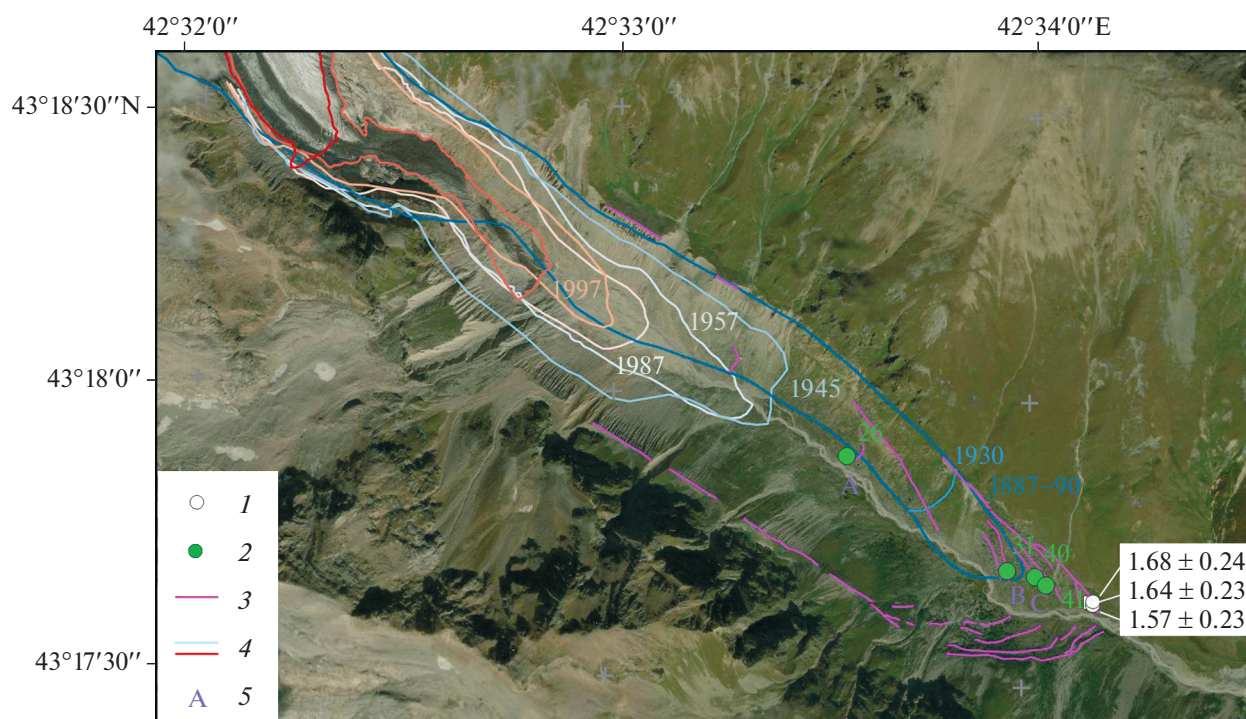


Fig. 7. Fluctuations of Irik Glacier from remote sensing, historical, lichenometric and CRE data. 1 – sites of ^{10}Be sampling and dates in ka years reported in this paper; 2 – location of lichens' measurements and maximum diameter in mm; 3 – moraines; 4 – limits of the glacier tongue, year is marked by corresponding color; 5 – sites mentioned in the text. Satellite image from GeoEye-1, acquired on 12.09.2015.

Рис. 7. Колебания конца ледника Ирик по данным дистанционного зондирования Земли, историческим, лихенометрическим и космогенным изотопам: 1 – пункты отбора образцов на анализ ^{10}Be и результаты анализа – возраст в тыс. лет; 2 – места измерения лишайников и их диаметр в мм; 3 – морены; 4 – границы ледника в разные годы, год указан соответствующим цветом; 5 – поверхности, указанные в тексте статьи. Космический снимок с GeoEye-1, полученный 12.09.2015.

The military topographers map also shows three small glaciers above the right lateral moraine of the Irik Glacier. They still exist now (2022), but have significantly receded. The right lateral moraine of the Irik Glacier is eroded by their stream flows and debris; the surface above the moraine looks unstable, with very sparse vegetation.

According to the descriptions of Bush (1914) in 1911 the front of the Irik Glacier looked like a very high and steep wall, however Bush did not interpret these features as the evidence of glacier advance. Bush also indicated that the right lateral moraine covered a part of the glacier and merged with the median moraine of dark red color. This description confirms our suggestion about a potential cause of the error on the Map of Military Topographers who interpreted the part of the glacier ice as a moraine.

In 1926, Altberg (1928) found the mark of Rengarten installed in 1913 and identified a retreat of the Irik Glacier in 1913–1926 as 97 m. In 1929–1932 the Irik Glacier was surveyed by S.P. Solovyov (1934) who described the glacier itself and its valley in details. According to his data, Irik Glacier was retreating from the position mapped by the Military Topographers in

1887/90 to the year 1932 by approximately 200 m (Solovyov, 1934).

In 1956–1959 a stereophotogrammetric survey was carried out on the Irik Glacier (12.08.1956, 3.08.1958, 22.08.1959) (Elbrus glaciation, 1968 p. 279). During this period, the glacier snout "... on the right side receded by 72 m, of which in the first 2 years by 50 m, and in the third year – by 22 m. The order of magnitude of retreat in the left side of the glacier terminus is the same as in the right side...". The rates of retreat of the Greater Azau and Irik glaciers at that time were similar.

Our remote sensing data (Table 2) shows that between 1957 and 1987 the glacier lost 432 m in length. Between 1987 and 1997 it further retreated by 105 m, and between 1997 and 2015 – by another 265 m. As the glacier snout is covered by a surface moraine we also used the Sentinel 1 obtained on 18th and 30th of August, 2015 to assure the correctness of the identification of glacier boundaries in 2015. Between 2015 and 2022 Irik glacier retreated by 825 m.

In July 30, 2008, when we visited the glacier it was retreating – its tongue was flat and covered with debris, the boundary between the dead ice and the body

Table 2. Irik Glacier length and front elevation changes in 1887/90–2022**Таблица 2.** Изменения длины и высоты конца ледника Ирик в 1887/90 – 2022 гг.

Date	Source	Length Change, m	Front Elevation, m
1.6 ka moraine	^{10}Be dating		2490
		–260	
1887–90	Map		2506
		–405	
1930	Map		2542
		–590	
1945	Aerial photo		2603
		–64	
16.08.1957	Aerial photo		2605
		–432	
16.09.1987	Aerial photo		2632
		–105	
1997	Aerial photo		2649
		–265	
12.09.2015	Space Image (GeoEye-1)		2733
		–825	
28.08.2022	Space Image (Pleiades)		3010

of the glacier was unclear. The terminal moraines of the Irik Glacier over the whole valley are poorly preserved due to excessive water erosion, avalanche, and debris flow activity. G.K. Tushinsky (Elbrus glaciation, 1968) also noticed that the rock deposits descending from the right side of the valley from the cirques that were supporting small glaciers in the late 19th century are not moraines, but solifluction flows and lobes that can be erroneously taken for the glacier deposits of the end of LIA. Between the positions of the glacier front in the 1930s and in 1945 we identified one reasonably well shaped moraine ridge (*a*) with a relatively stable undisturbed surface where we could measure lichens. In 2022 it supported a generation of lichens as large as 25–26 mm still including two outliers (34 and 37 mm) probably growing on the boulders transported from the older moraines at the left slope of the valley.

A moraine complex at the bottom of the valley that is located between 2495 and 2510 m a.s.l. and is composed of two to five ranges occupies a limited space 500–600 m long (see Fig. 6, *b*). Here two moraine ridges support lichens as large as 31 mm (*b*) and 41 mm (*c*). The location of moraine *b* is close to the position of the glacier at the Military Topographers map and, hence the surface had stabilized in the end of the 19th century. The outer ridge *C* might represent the moraine described by Abikh in 1871 as a “crescent-shaped

rampart”. It is reasonable to suggest that it might be deposited a few decades before his visit in 1871, most probably in the mid 19th century, but since then it was substantially eroded. At present, it does not look like a “crescent-shaped rampart”, but represents a top-rounded eroded range up to 5–7 m high.

Seinova and Zolotarev (2001), identified stadial moraines at both sides of the Irik valley supporting the lichens as large as 33, 40, 50 and 64 mm that they attributed basing on their lichen growth rate to 1910, the 19th century, late 18th, and late 17th centuries. Unfortunately, they did not provide a map or other details of the location of these moraines, so a comparison with our results is difficult, but the lichens at two moraines described above seem to correspond to the earlier measurements of Seinova and Zolotarev (2001).

Below the moraine *c*, a few ridges of similar appearance are located (stage *d*). One more clearly shaped, stable, and less eroded than the other moraine ridges was sampled for ^{10}Be age in 2013 by V. Jomelli. It returned three ^{10}Be ages (1.57 ± 0.23 ka, 1.63 ± 0.23 ka, and 1.68 ± 0.24 ka). The dates are close to each other and mark the advance that occurred at ca ~1.6 ka (see Fig. 7). The sampled moraine is one of the outermost eroded ridges on the left side of the valley located at the elevation of about 2490 m a.s.l.

Outside of this moraine there is a distinct fluvioglacial terrace 10–45 m high that ends at 2300 m a.s.l. composed of unsorted rounded boulders of volcanic and crystalline rocks cemented by laminated sands (Baume, Marcinek 1998). Baume and Marcinek tentatively attributed it to the “Historical” time that traditionally dates back to ca 2 ka in the Elbrus area, although in fact these moraines were never dated. By several morphological evidences (stable flattened surface, well-developed soil cover, large width, and considerable length), this terrace must be much older than the 1.6 ka moraine and its age probably exceeds the Late Holocene limits. It was noticed that the moraine of “Fernau” maximum advance contacts this terrace (Baume, Marcinek 1998). However, this is incorrect as between the position of glacier in the 19th century and the beginning of the terrace there is at least one Late Holocene moraine (ca 1.6 ka).

Thus, since the first description in 1871 the Irik Glacier was mostly retreating. The linear retreat between 1880 and 2015 was 1860 m, the rise of the front elevation is 230 m. Two glacier maxima occurred in the past two millennia in the 19th century and ca 1.6 ka and these advances were of similar magnitude (2030 m and 2190 m, respectively, in comparison with the year 2015). The second advance was however slightly larger.

DISCUSSION

We believe that despite of limited number of ^{10}Be dates that we report here the history of Late Holocene glaciation in Central Caucasus became clearer. How-

ever, we have to admit that the dates of moraines reported here are of different reliability what depends not only on the number of the dates for each moraine, but also on geomorphic setting. In the case of complex morphology of moraine ridges and their fragmentary preservation (e.g. at the Kashkatash Glacier) it might be difficult to distinguish between the landforms of different generations. Some of moraine ridges at the Kashkatash Glacier were also covered by forest and it was difficult to precisely identify in the field whether our sampling sites belong to the same or different stages of glacier advances. Moreover, at the site B, at the Kashkatash Glacier numerous generations of debris flows covered the distal side of the main moraine rampart adding uncertainties to the stratigraphic and genetic identifications of the secondary ranges adjacent to it. In the case of the Irik Valley, the identification of the isolated moraine ridges where we sampled was not difficult, but we cannot exclude potential renovation of the surface while the sampled ridges were rather low, of smooth soft shape and supporting limited number of crustose lichens.

^{10}Be dates of moraines of the Irik and Kashkatash glaciers, although limited and very preliminary, allow the identification of five maxima of glacier advances of similar magnitude that occurred around 1.62, 0.75, 0.53, 0.25 and 0.16–0.14 ka (i.e. in 4th–5th, 13th, 15th, 18th and early-mid 19th centuries CE). The dates are more credible when several closely intersecting ^{10}Be dates are coming from the same moraine or (and) the CRE dates are supported by another source of chronological information (historical, tree-rings, ^{14}C). When the confident dates come from different glaciers one can suggest that the event was of regional value and is relevant to paleoclimatic context.

Advance at 1.6 ka (4th–5th centuries CE). The advance of the Irik Glacier that is dated by three very close ^{10}Be ages of moraine (1.57 ± 0.23 ka, 1.63 ± 0.23 , and 1.68 ± 0.24 ka) is identified in the Caucasus for the first time. It is not confirmed by other evidence. Lichenometry was not useful in this case: the number of lichens on this surface is rather limited and the largest thallii are 52–53 mm, that is equal to several hundred years only judging by our preliminary growth curve (Solomina et al., 2016). The lack of large lichens is a warning signal that the moraine surface might be eroded, and the date can be rejuvenated. However, a close intersect of the three dates is rather a positive sign indicating the significance of the average date.

Traditionally previous studies identified two major Late Holocene advances in the Caucasus that occurred in the LIA and two thousand years ago that they called “Historical stage” (Turmanina, 1971; Tushinsky and Turmanina, 1979; Zolotarev, 2009). The age estimate is based on the descriptive geomorphic evidence, speculations, and analogues with other mountain regions where the Late Holocene moraines were dated. Thus, the ^{10}Be date of the Irik moraine

(1.6 ± 0.23 ka) seems to be a possible analogue of the “historical” stage of glacier advances in the Caucasus described in literature.

In the section of paleosols interlayered with tills of the Azau Glacier (Solomina et al., 2022) one of four major advances recorded in these sediments is dated by ^{14}C to the 7th–9th centuries CE. This till is several centuries younger than the ^{10}Be date of the moraine at the Irik Glacier (4th–5th centuries CE) and therefore even considering the potential analytical errors it probably characterizes a different period of glacier advances in the Caucasus. No closer analogues of the advance at 1.6 ka are found so far in the Caucasus.

In the Swiss Alps, the glacier area in 5th century was similar to the end of 20th century, while the glaciers reached their maximum of the 1st millennium CE later, in the 6th – early 7th centuries (Holzhauser et al., 2005; Le Roy et al., 2015). In the Italian Alps, the phase of advances started earlier and continued through the 5th to 9th century CE (Deline and Orombelli, 2005). This might be a case similar to the Elbrus area. In the Himalaya-Tibetan monsoon area Yang et al. (2008) basing on multi-proxy data established a period of glacier advance at around CE 200–600, while Murari et al. (2014) confirmed the advance in the region at 500 ± 200 CE by ^{10}Be dating. These dates are closer to our dates of Irik Late Holocene moraines (CE 4th–5th centuries CE). Taking in consideration the dating uncertainties, these advances might be correlative with the Late Antique LIA cooling that was documented by tree rings in the Alps, Altay, and some other temperate regions in Eurasia in 536 to ~660 CE (Büntgen et al., 2016).

The paleoclimatic context for the period 1.6 ka in the Caucasus is unknown, because the temporal resolution for the available reconstructions (e.g. Grachev et al., 2021) is not enough to recognize the events of centennial duration. However, we noticed an interesting coincidence that might explain the climatic background of the advance of 1.6 ka. In Lake Garabashi, located in a neighboring valley a fraction of sediments was laminated indicating that in the period of their formation the small lake did not dry out. Three radiocarbon dates (1505 ± 20 , 1650 ± 20 , 1760 ± 20 years BP) (Shishkov et al., 2019; Alexandrin, personal communication) constrain this episode of more humid and possibly colder climate that led to the permanent waterproofing of the lake. Judging by the number of preserved layers it lasted for about 100 years.

Advance at 0.7–0.8 ka (13th century CE). Four ^{10}Be dates (0.7 ± 0.11 , 0.72 ± 0.11 , 0.77 ± 0.11 , and 0.82 ± 0.18 ka) are obtained for the left lateral moraine of the Kashkatash Glacier. This time (13th century CE) is known as the first stage of the LIA and the evidence of glacier advances at that time was reported for many regions including those that are based on direct historical descriptions (Grove, 2012). In the Northern Cau-

casus at the Donguz-Orun glacier left lateral moraine yielded a ^{10}Be date 0.77 ± 0.1 ka (Solomina et al., 2018). Although the date is single it supports our ^{10}Be Kashkatash dates of moraines at 0.7–0.8 ka. At the southern slope of Caucasus in Georgia a left lateral moraine of Chalaati Glacier yielded two ^{10}Be dates as 0.67 ± 0.1 and 0.79 ± 0.08 ka (Tielidze et al., 2020). The dates of this moraine partly overlap with those of the Kashkatash moraine. Based on spore-pollen and geochemical analysis of the deposits of Lake Karakel (Teberda valley) Alexandrin et al. (2023) identified the beginning of the LIA cooling in the Caucasus in ca 1250–1400 CE that corresponds to the timing of glacier advances mentioned above.

The advance at 0.53 ka (15th century CE). Only one moraine at Kashkatash Glacier dating back to 15th century (0.53 ± 0.13 ka) was obtained so far. For this reason, it cannot be considered as a reliable one at the moment. However, in the sediments of Lake Karakel a second cold minimum (1500–1630 CE) begins roughly at that time. In the section “Azau Star” one till layer was deposited between 1490s and 1640s (Solomina et al., 2016). It is quite possible that the new evidence of this advance will be found in the future in the Caucasus.

This advance is documented in the Alps. Schimelpfennig et al. (2014) at Steingletscher reported numerous ^{10}Be ages in stratigraphic order distinguishing four LIA glacier culminations at about 1470, 1650, 1750 and 1820 CE. For the LIA in the European Alps Nicolussi et al. (2022) proposed the subdivision of LIA in three phases: early 1260–1380 CE, intermediate 1380–1575 CE and a main 1575–1860 CE. The moraine at Kashkatash of 15th century may correspond to the intermediate phase of advances in the scheme of Nicolussi.

The advances at 0.25 ka and 0.16–0.14 ka (18th and 19th centuries CE). The ^{10}Be date 0.25 ± 0.04 ka at Kashkatash moraine is also single, but it is indirectly supported by tree ring minimum date at the moraine of the same glacier (Bushueva and Solomina, 2012). At the Alibek and Tseia glaciers we found 220–300 year old trees growing at the moraines that are located in the vicinity of those of the 19th century, but this minimum age might be very different from the real time of deposition of the moraines (Solomina et al., 2016). In the Lake Karakel sediment-based reconstruction the last LIA cooling period that might correspond to the culmination of glacier advances in the Caucasus occurred at ca 1750–1880 CE (Alexandrin et al., 2023). In the paleosol section this period of advances dates back to 1680–1850s CE.

The ^{10}Be dates of the last LIA maximum (0.16–0.14 ka) at the Kashkatash Glacier is supported by tree-ring dates at Kashkatash and other glaciers (Solomina et al., 2016), tree-ring summer temperature and mass balance reconstruction (Dolgova, 2016) and pa-

leosol section at Greater Azau (Solomina et al., 2022). It coincides with the advance of the Greater Azau Glacier (Elbrus area) in 1849 CE known from direct historical description of Abich.

In their global review Solomina et al. (2016) indicated that the mountain glacier advances in the past two millennia cluster in 200s–300s, 400s–600s, 800s, 1000, 1150s, 1280s, 1350s, 1400s, 1450s, 1600s, 1640s, 1680s, 1720s, 1770s, 1820s, 1850s–1860s, 1890s, 1900s–1920s, 1970s–1980s and 1990s CE. In this paper, using the new ^{10}Be dates we demonstrated that in the Northern Caucasus some periods of glacier advances (e.g. in 4–5th, 13th, 15th, 18th and early-mid 19th centuries CE) may be synchronized with this global pattern.

CONCLUSIONS

In this study, we presented ^{10}Be ages from the Irik and Kashkatash glaciers, northern Greater Caucasus. The new dataset allowed us for the first time to identify moraine deposition of these glaciers in 4–5th, 13th, 15th, 18th, and early mid-19th centuries CE, which is consistent with the global pattern of mountain glacier advancement over the past two millennia. The new evidence shows that the advances of the first millennium CE of the Irik Glacier were slightly larger than those of the later glacier maxima (in the 19th century CE). At Kashkatash the oldest and most prominent moraine that was identified and dated by ^{10}Be was formed at the first stage of the LIA (in the 13th century CE). Although precise area of the glacier at that time is unknown, it is clear that the glacier shape and size were only slightly larger than those of the second LIA maximum in the 19th century. Due to a limited number of ^{10}Be dates we consider our data presented here as very preliminary and hope that in the nearest future more detailed studies in this direction will allow to increase the credibility and accuracy of the reconstructed glacier and climate history in this region.

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ПЕРВЫЕ ^{10}Be ДАТИРОВКИ ПОЗДНЕГОЛОЦЕНОВЫХ МОРЕН ЛЕДНИКОВ КАШКАТАШ И ИРИК, СЕВЕРНЫЙ КАВКАЗ

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Мы представляем 11 датировок морен ледников Ирик и Кашкаташ, выполненных на основе анализа космогенных изотопов (^{10}Be). С помощью космических снимков и карт установлено положение фронта ледника Ирик в 2022, 2015, 1997, 1987, 1957, 1945, 1930-х, 1887–1890 гг. и около 1600 лет назад. Три датировки по бериллию-10 (1.57 ± 0.23 , 1.63 ± 0.23 , 1.68 ± 0.24 тыс. л.н.), которые имеют близкие значения, позволили впервые идентифицировать морену и определить возраст значительного наступания ледника Ирик, которое произошло около 1600–1700 л.н. Это наступание по своим масштабам превосходило размеры ледника в максимум малого ледникового периода. Морена этого возраста расположена в 260 м от того положения конца ледника, которое было зафиксировано на карте военных топографов в 1887–1890 гг. Между положением фронта в конце XIX в. и мореной, сформировавшейся 1600 л.н., прослеживаются следы размывов моренных валов, возможно, нескольких стадий наступания, в том числе, максимума МЛП. В период между продвижением 1.6–1.7 тыс. лет назад и 2022 г. н.э. высота фронта ледника Ирик увеличилась на

520 м (с 2490 до 3010 м над уровнем моря). У ледника Кашкаташ удалось идентифицировать несколько наступаний путем космогенного датирования береговых морен. Наиболее достоверно датировано наступание между 700 и 800 л.н., для которого получено четыре близкие датировки по бериллию-10 (0.70 ± 0.11 , 0.72 ± 0.11 , 0.77 ± 0.11 , 0.82 ± 0.18 тыс. л.н.) в комплексе морен, расположенных по левому борту долины. К сожалению, положение конечной морены, соответствующей этой стадии наступания, установить не удалось. Эти датировки морены ледника Кашкаташ подтвердили представления о наступании первой фазы малого ледникового периода, которое ранее было датировано по ^{10}Be на южном макросклоне Кавказа у ледника Чалаати (0.67 ± 0.1 , 0.79 ± 0.08 тыс. л.н.) (Tielidze et al., 2020). Примерно тот же возраст имеет и морена ледника Донгуз-Орун на северном макросклоне Кавказа, в Приэльбрусье, также датированная по ^{10}Be (одна дата — 0.77 ± 0.1 тыс. л.н.) (Solomina et al., 2018). Согласно реконструкции условий теплообеспеченности по озерным отложениям оз. Каракель (долина Теберды), на этот период на Кавказе приходится окончание средневекового оптимума и начало малого ледникового периода, маркированное резким похолоданием около 1250 г. н.э.

В том же комплексе морен у ледника Кашкаташ датированы наступания 0.53 ± 0.13 , 0.25 ± 0.04 , 0.16 ± 0.02 и 0.14 ± 0.02 тыс. л.н. Масштабы этих наступаний были примерно одинаковыми. Мы сравнили эти новые датировки с датировками морен по древесно-кольцевым и лихенометрическим данным. Новые данные о наступаниях малого ледникового периода ледников Кашкаташ и Ирик хорошо согласуются с историческими и биоиндикационными датировками морен малого ледникового периода, полученными ранее. Наступание 1600–1700 лет назад совпадает с периодом повышенной обводненности котловины озера Гарабаши, который выделен по данным стратиграфии и радиоуглеродного анализа отложений озера. Установлено сходство хронологии колебаний ледников Ирик и Кашкаташ за последние 1600 лет с реконструкциями колебаний ледников в Альпах.

Наступания ледников 700 и 1600–1700 л.н. несколько превосходили масштабы наступаний максимума МЛП в XIX в., но, в целом, диапазон колебаний ледников в первом и во втором тысячелетии новой эры был сопоставимым, что свидетельствует о сходных по масштабу колебаний климата, их вызывавших.

Ключевые слова: поздний голоцен, колебания ледников, морены, космогенные изотопы, дендрохронология, лихенометрия